



Mishawaka Communicator



Working together to build the "Best Hometown in America" by delivering exceptional services, promoting safe and clean neighborhoods, elevating the quality of life and inspiring pride in our community.

Dave Wood, Mayor

www.mishawaka.in.gov

September 2018

A Letter from Mayor Dave Wood

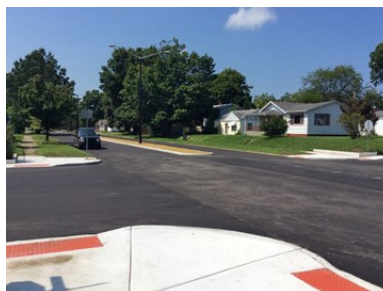


You may have noticed more streets under construction this year, which is in part due to a new State program called Community Crossings Matching Grant. It matches dollar for dollar up to the awarded grant amount. 2018 is the second construction year for this grant program. In fall of 2017, the City was awarded a grant valued at \$650,000 which requires associated street segments to be specifically identified. Previous to the Grant we are required to annually rate every street section in the City from 1 to 10, 10 being the best condition, and submit the rating system (PASER) along with the identified street sections as part of the Grant application. The challenge is that the selection of street sections for the program occurs before winter and we are not allowed to change sections as that will forfeit the grant funding. The good news is these

are funds we would not normally have and resulted in the current 2018 construction project with matched funds that totals \$1.3 million.

Different in this season's project then in from previous years is the State broadened the eligible City matching funds to allow City funds to be paid from the Summer Street Paving line. The project is also able to include ADA compliant handicap ramps, portions of sidewalk and concrete curbs, more robust milling and structural pavement patching, and thermal plastic pavement markings. After public bidding, construction was awarded to Walsh and Kelly and started Monday June 18th and continues through fall of 2018. We will have completed 7.68 lane-miles (or 40,550 LF of driving lanes) with this program. Simply put, this is not your typical inch and half mill and fill Summer Street Paving Program. It will ultimately result in better improved corridors for the City.

Specifically, Broadway from Logan Street to Liberty Drive is a project street section. The picture at right is of the Broadway and Forest intersection, and is an example of overall improvements completed for 2018. At time of printing the pavement markings have yet to be installed, but please notice the new ADA Ramps and concrete curbed islands. Structural asphalt pavement repairs with a new surface course of asphalt were also completed.



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Reduce Your Risk Of Disease and Maintain A Healthy Weight!

Health Information from Saint Joseph Health System

According to the U.S. Department of Agriculture, about half of all American adults have one or more chronic diseases, often related to poor diet. Eating fresh fruits and vegetables provides important health benefits – an overall healthy diet rich in fruits and vegetables may reduce risk for heart disease, including heart attack and stroke, as well as certain types of cancers and type 2 diabetes. Fruits and vegetables provide nutrients vital for health and maintenance of your body.

Eating fruits and vegetables that are lower in calories per cup instead of some other higher-calorie food may also help you lose weight by lowering your calorie intake, according to the Centers for Disease Control and Prevention. You can lower the calories in some of your favorite dishes by substituting fruits and vegetables in place of higher-calorie ingredients. The water and fiber will add volume to your dishes, so you can eat the same amount of food with fewer calories.

"Most fruits and vegetables are naturally low in fat and calories, and none have cholesterol," said Susan Conn, nurse practitioner at University Park Family Medicine. "They are an important source of many nutrients such as potassium, folic acid and vitamins A and C. And the fiber in them helps reduce blood cholesterol."

One tool to help you fit more fruits and vegetables into your diet is MyPlate, which uses a plate illustration to show how much of each of the five types of food you should eat: fruits, vegetables,

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UPCOMING EVENTS

- Sep 2 Mishawaka Heritage Festival (Central Park)
- Sep 8 Seniors Day Out (Battell Park)
- Sep 22 80's Color Run (Central Park)
- Sep 26 Brunch and a Classic Movie - "Some Like It Hot" (Battell Center)
- Sep 29 Forever Young Second Chance Prom (Battell Center)
- Oct 20 Fall HarvestFest (Merrifield Park)
- Oct 24 Brunch and a Classic Movie - "The Good, The Bad, and The Ugly" (Battell Center)
- Nov 2 Flannel Formal (21+) (Central Park)
- Nov 17 Holiday Craft Fair (Battell Center)

HALLOWEEN SPOOKTACULAR

Join Mishawaka Parks for a ghoulishly good time!!

- Oct 19 Trunk or Treat 5p-7p (Battell Center)
- Oct 19-21 Haunted House 7p-9p (Battell Center)

- No cost for "Trunk or Treat"
- Haunted House is \$2 or a non-perishable food item.

Contact Mishawaka Parks at (574) 258-1664 for details!

ONLINE ACCESS

- <http://mishawaka.in.gov>
- <http://facebook.com/cityofmishawaka>
- <http://mishawaka.in.gov/communicator>
- <http://mishawaka.in.gov/parksandrecreation>
- <https://twitter.com/MishawakaMayor>
- <https://instagram.com/MishawakaMayor/>

A Letter from Mayor Dave Wood *(continued)*

The following is a list of street segments completed with the exception of Jefferson Boulevard and Hill Street and all pavement markings. Both Jefferson Boulevard and Hill Street sections along with all permanent pavement markings will be completed this fall.

- LaSalle Ave between Sarah St and Christyann St
- LaSalle Ave between Division St and Chestnut St
- Vine St between Logan St and Calhoun St
- Merrifield Ave between McKinley Ave and Cedar St
- Schumacher Dr between McKinley Ave and Imus Dr
- Main St between Lincolnway and First St
- Oak St between Broadway and Lawrence St
- Homewood Ave between Home St and Roosevelt St
- Beiger St between Lincolnway and Third St
- Milburn Ct between Fourth St and the Dead End

Alternates

- Jefferson Blvd between Logan St and Liberty Dr
- Broadway between Logan St and Liberty Dr
- Hampton Road between Tremont Dr and Hampton Court
- Edgewater Dr between Cedar St and Mishawaka Ave
- Hill St between Third St and Fourth St

The City has other private partnership construction projects completed this season. Specifically, Douglas Road eastbound right-turn lane at Grape Road intersection. Heritage Financial, owner of Shoppes' on Grape, dedicated additional right-of-way as it redeveloped the site in order for the City to construct the Douglas Road turn lane. As part of the site redevelopment, they installed the Grape Road deceleration lane into the site. The project included several utility relocations which delayed Grape Road progress; however, we were able to open all lanes to traffic August 11 in time for school.



In addition, there were multiple traffic island modifications completed this year to foster growth. Specifically Hickory and Edison intersection and the Main Street Island Modification south of Edison Lakes Parkway intersection. The Main Street Island Modification constructed a dedicated left turn lane for the southeast parcel and relocated the Extended Stay entrance south to provide turning clearance and viability to accommodate the 17-acre development to the east.



If you have additional questions about current and future City of Mishawaka road projects, contact the City of Mishawaka Engineering Department at (574) 258-1619.

Mayor Dave Wood

Reduce Your Risk Of Disease and Maintain A Healthy Weight! *(cont.)*

Health Information from Saint Joseph Health System

grains, protein and dairy. ChooseMyPlate.gov shows that one-half of your plate should be fruits and vegetables, with a focus on whole fruits and varying your vegetables.

To find the freshest, most nutritious produce, check your local farmers' market or community gardens, some of which can be accessed for free. Or pick your own at a u-pick farm, which can be a fun family activity that also provides physical activity.

For more information on how you can adopt a healthier diet full of more fruits and vegetables, talk to your primary care provider.

Sewer Insurance Program

Have you been informed by a plumber or sewer cleaning service that your home needs expensive sewer repairs? Before you authorize any repairs, call the Mishawaka Sewer Department at (574) 258-1715. The City has a sewer insurance program that may save you money!

If you live in a single-family residence in the City, you are a participant in a sewer insurance program that is funded through a nominal monthly fee on your sewer bill. Repairs to your sewer line between the face of your home and the public sewer main are covered by this insurance. Depending on the nature of the repair, utilizing the sewer insurance program may save you thousands of dollars! If you think the program might apply to you, just give us a call and we will walk you through the process.

Code Enforcement Reminders

As summer is winding down, the Code Enforcement Department would like to take this opportunity to thank those who have maintained their yards by regularly mowing this year. As a reminder, property owners are responsible to maintain any tall weeds/grass on their properties including any weeds on the sidewalk and at the curb line.

Property owners are also responsible for maintaining the grass, bushes and any overgrowth occurring in the alleys. Vehicles can be scratched and utility vehicles can be restricted by bushes and other growth that may extend into the alleys.

If you have questions, please contact the Mishawaka Code Enforcement Department at (574) 258-1612 between the hours of 8:30am and 4:45pm Monday through Friday.